

BEYOUNGSTORE



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STAY SAFE IMMUNITY ESSENTIALS



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Never has there been more focus on the value of health and our immune system. Covid-19 (coronavirus) continues to spread globally and it is important to focus on what you can control to boost your immune system.

BOOST YOUR IMMUNE SYSTEM TO FIGHT INFECTION



When a foreign bug gets into your body, like the one that causes COVID-19, your body puts up its defence. That defence is your immune system and the army you have inside your body are your white blood cells. You may not be able to prevent all risks of exposure to bugs like COVID-19 and guidance is provided by the Ministry of Health on how to prevent getting the disease. However, a healthy lifestyle can help build up your immune system to make your defence as strong as possible.

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BE SMART & INFORMED

**STAY
SAFE**

Your immune system begins in your gut, all the different bacteria that live there are called the gut-microbiome. When your gut is healthy, it's full of good bacteria which helps to strengthen your immune system. Fruit and vegetables in their whole form, rather than being juiced, are rich in fibre and help increase the good bacteria in the gut. Variety is also important so aim to eat a range of different coloured fruit and vegetables daily to boost your immune system.

**WHAT FOODS BOOST MY
IMMUNE SYSTEM?**

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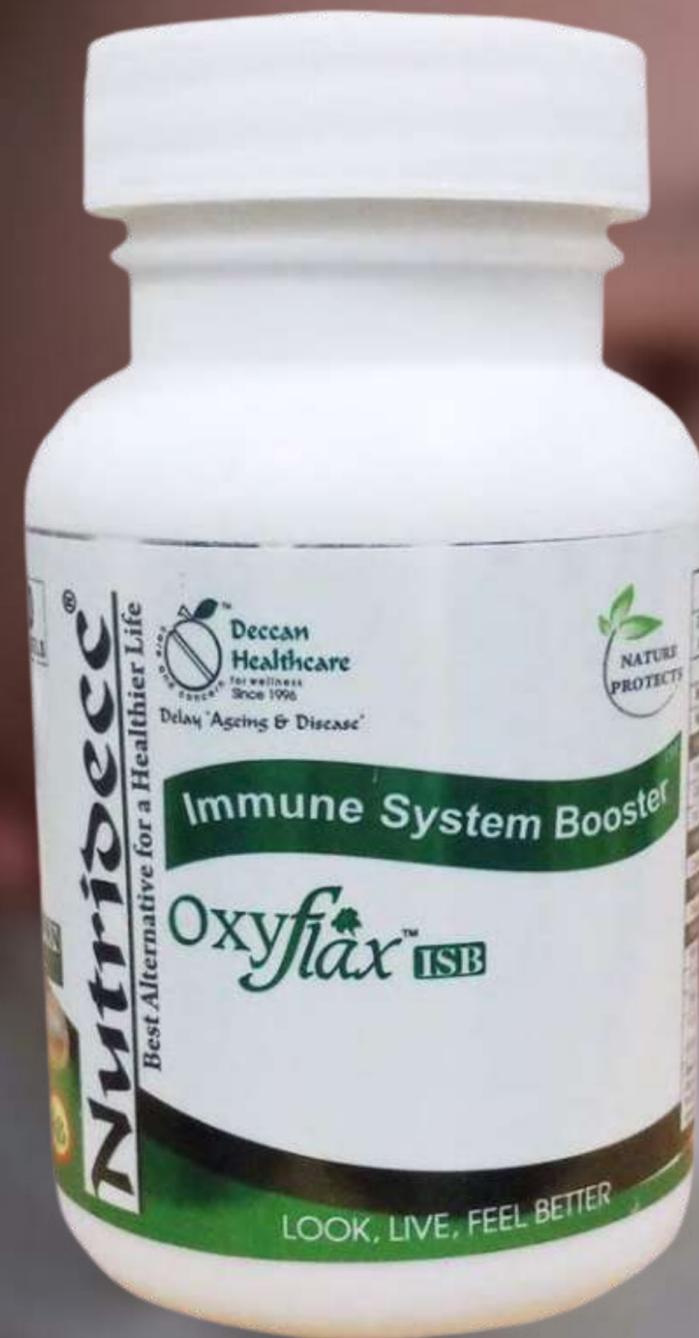
WHICH NUTRIENT PILLS DO I NEED TO TAKE TO BOOST MY IMMUNITY?



MICRONUTRITENTS
& THE IMMUNE
SYSTEM WORK IN
HARMONY TO
REDUCE THE RISK
OF INFECTION

Oxyflax® ISB

Contains effective immunity boosters that help fight against bacteria and viruses that reduce the RBC or hemoglobin. Containing cow/bovine Colostrum which is the nourishing fluid produced by mammals as food for the new born in the few days after birth, before milk production begins. This nutrient pill offers a variety of active ingredients and nutrients, for a healthy immune system and vitality. Scientific studies have shown that Colostrum may help to enhance bioavailability and absorption of nutrients into the body while promoting healthy gastrointestinal function



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colostrum

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my 75 micronutrients

It has been established that the complex, integrated immune system needs multiple specific micronutrients, including vitamins A, D, C, E, B6, and B12, folate, zinc, iron, copper, and selenium, which play vital, often synergistic roles at every stage of the immune response. Adequate amounts are essential to ensure the proper function of physical barriers and immune cells

Helps Support Physical & Mental Health



Energy



Immunity



Metabolic Health



Vitality

30 Capsules

DWC
BEYOUNG
ADVANCED NUTRITION

My 75 Micronutrients

14 Vitamins* 14 Minerals* 22 Amino Acids* 25 Bio Nutrients



Meet RDA
Stay Youthful

5 in 1



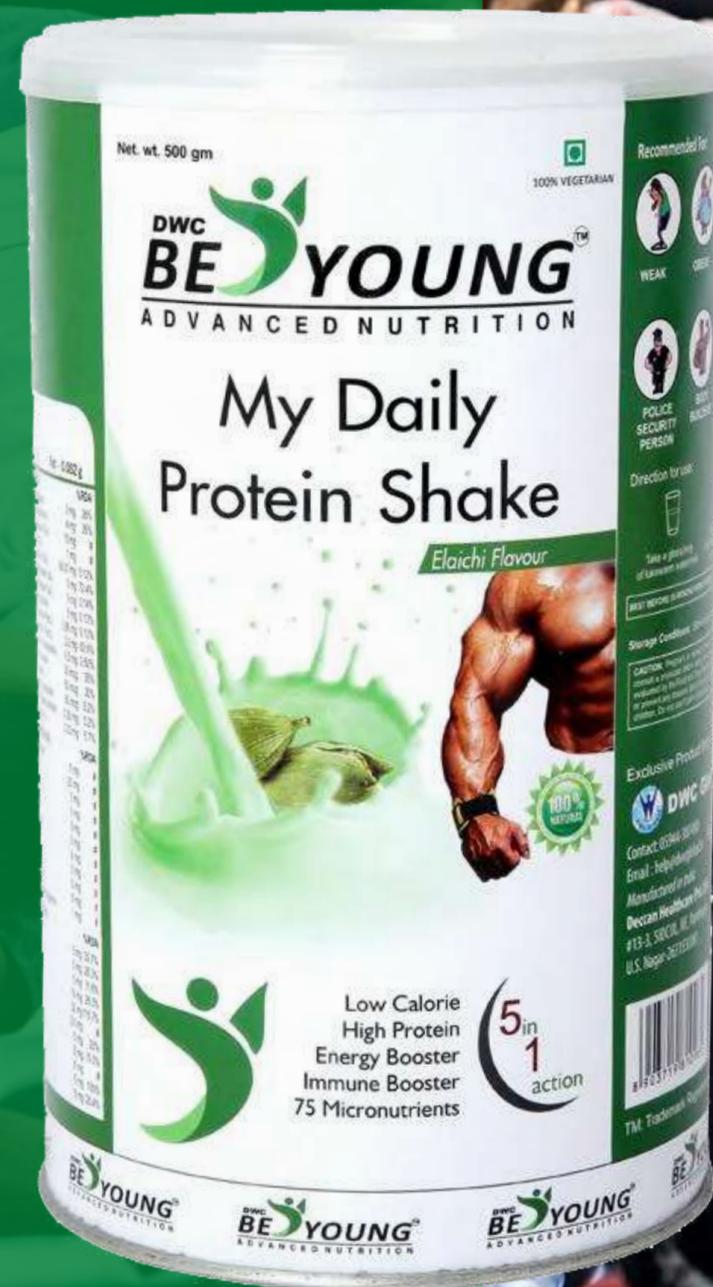
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my daily protein shake

PROTEIN IS VITAL TO BUILD AND REPAIR BODY TISSUE AND FIGHT VIRAL AND BACTERIAL INFECTIONS. IMMUNE SYSTEM POWERHOUSES SUCH AS ANTIBODIES AND IMMUNE SYSTEM CELLS RELY ON PROTEIN. TOO LITTLE PROTEIN IN THE DIET MAY LEAD TO SYMPTOMS OF WEAKNESS, FATIGUE, APATHY, AND POOR IMMUNITY.





With Nutritional Support of Moringa & Curcumin Provides immune support and fights infection. Moringa is one of the most nutrient-dense foods on the planet. It is a rich source of plant protein and is high in many essential Vitamins and Minerals including Protein, Iron and Vitamin A. Iron contributes to building immunity

FIGHT INFECTION™

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Oxyflax® Global

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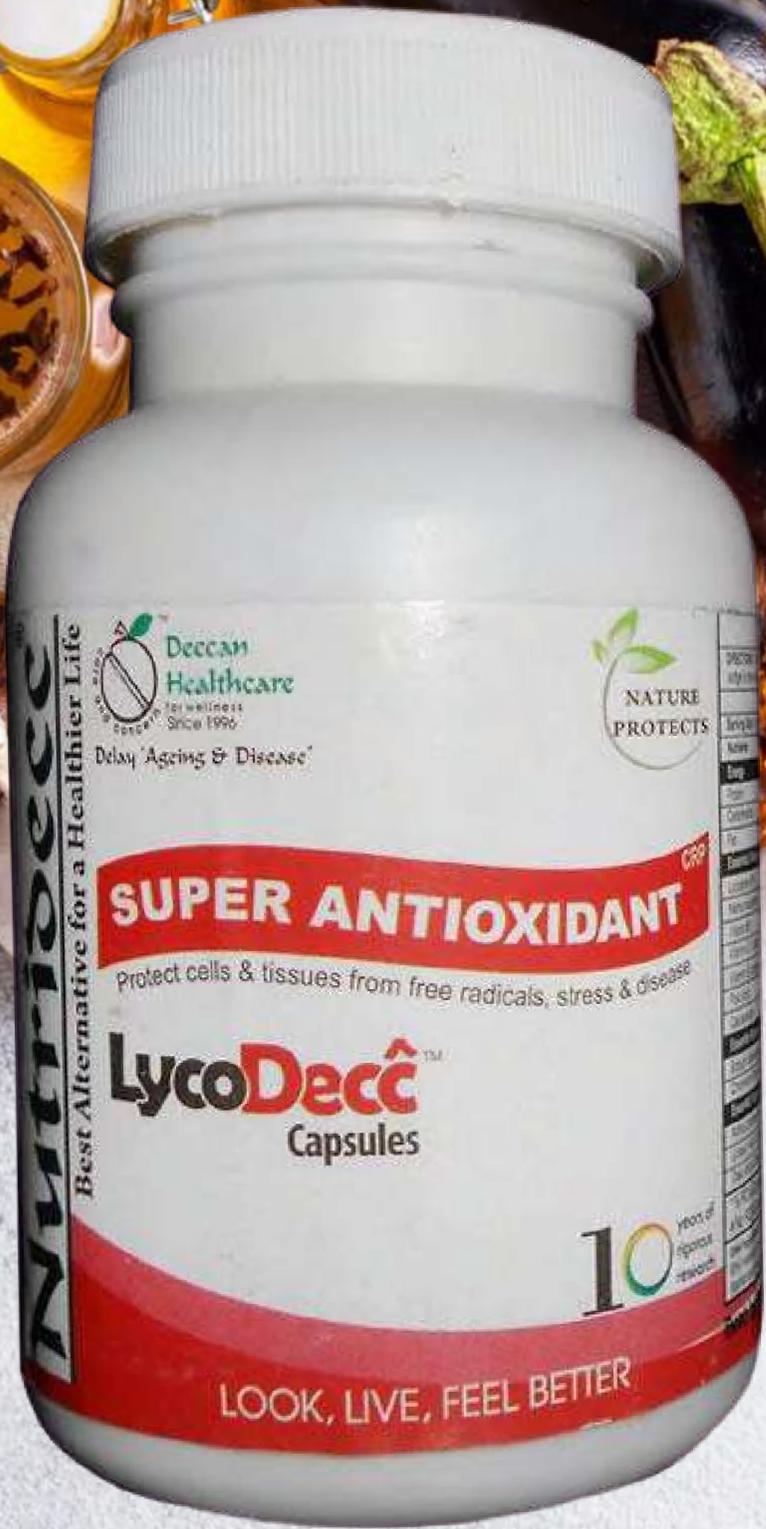
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Each capsule of O3D3 nutrient pills give 1000 IU of Vitamin D in Omega 3. Vitamin D is a fat soluble vitamin in Omega 3 base gives a better stability and availability as compared to tablets. In COVID19 time, keep level of Vitamin D levels at required levels of 40 nmol/L ~ 60 nmol/L. It is recommended to take a Vitamin D level test at a lab and find out the level you have. If you are deficient take 2 - O3D3 nutrient pills daily if you are not deficient take 1- O3D3 nutrient pills daily to meet RDA (Required Daily Amount) and prevent deficiency.



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LycoDecc

The ability of antioxidants to destroy free radicals protects the structural integrity of cells and tissues. Data indicates that the functions of the human immune system depend on the intake of micronutrients, which can act as antioxidants.

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60 Tablets

DWC
BE YOUNG
ADVANCED HERBAL

Curcumin C3 Complex Plus
1100 mg Standardized Turmeric Extract

DOUBLE
POWER



- Helps Delay Ageing
- Helps Improve Immunity
- Helps Best Antioxidant
- Helps Reduce Swelling & Pain
- Helps Prevent Cancer
- Helps Reducing Arthritis

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spirulina har-din

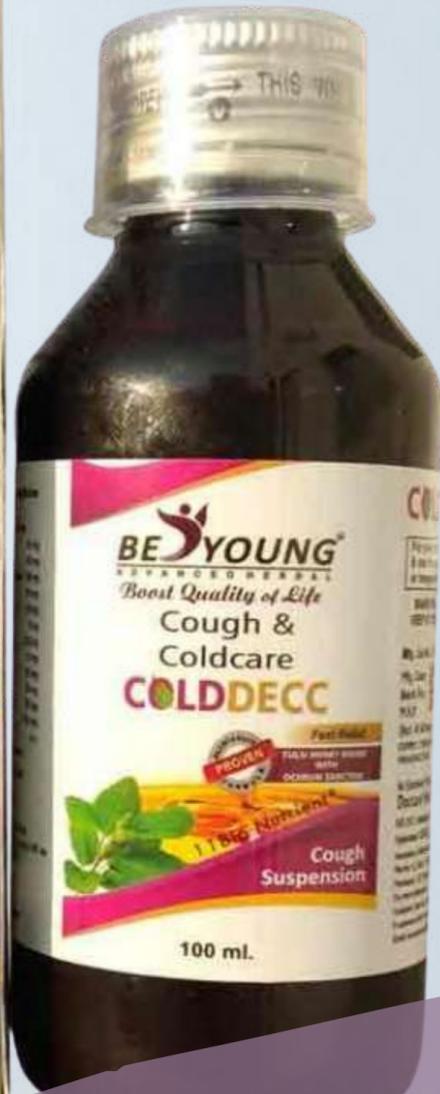
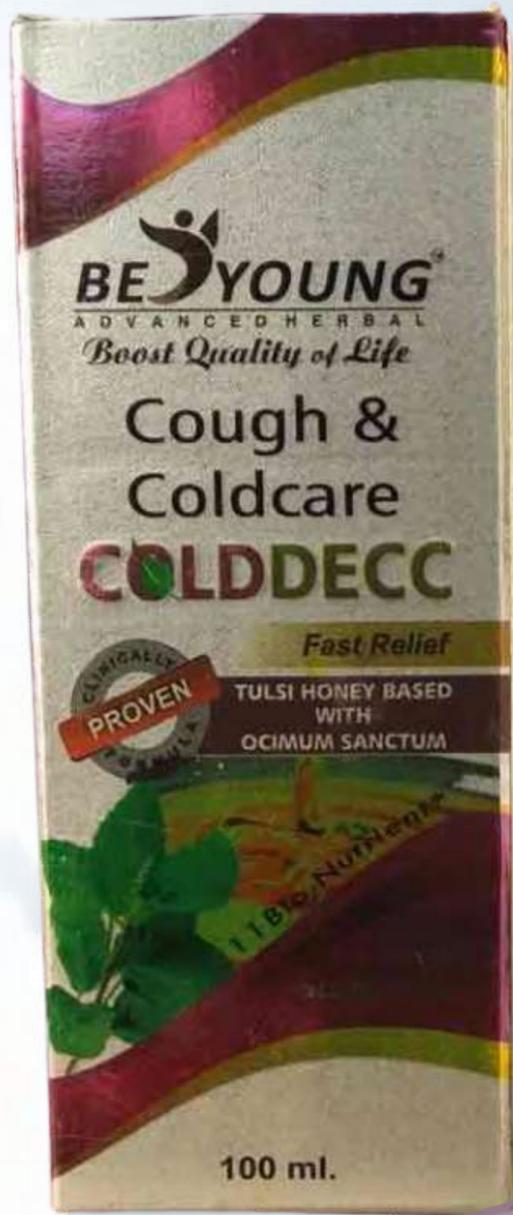
Spirulina increases production of antibodies, infection-fighting proteins, and other cells that improve immunity and help ward off infection and chronic illnesses



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Tulsi & Honey based Fast relief provides effective relief from cough, & cold without side-effects.

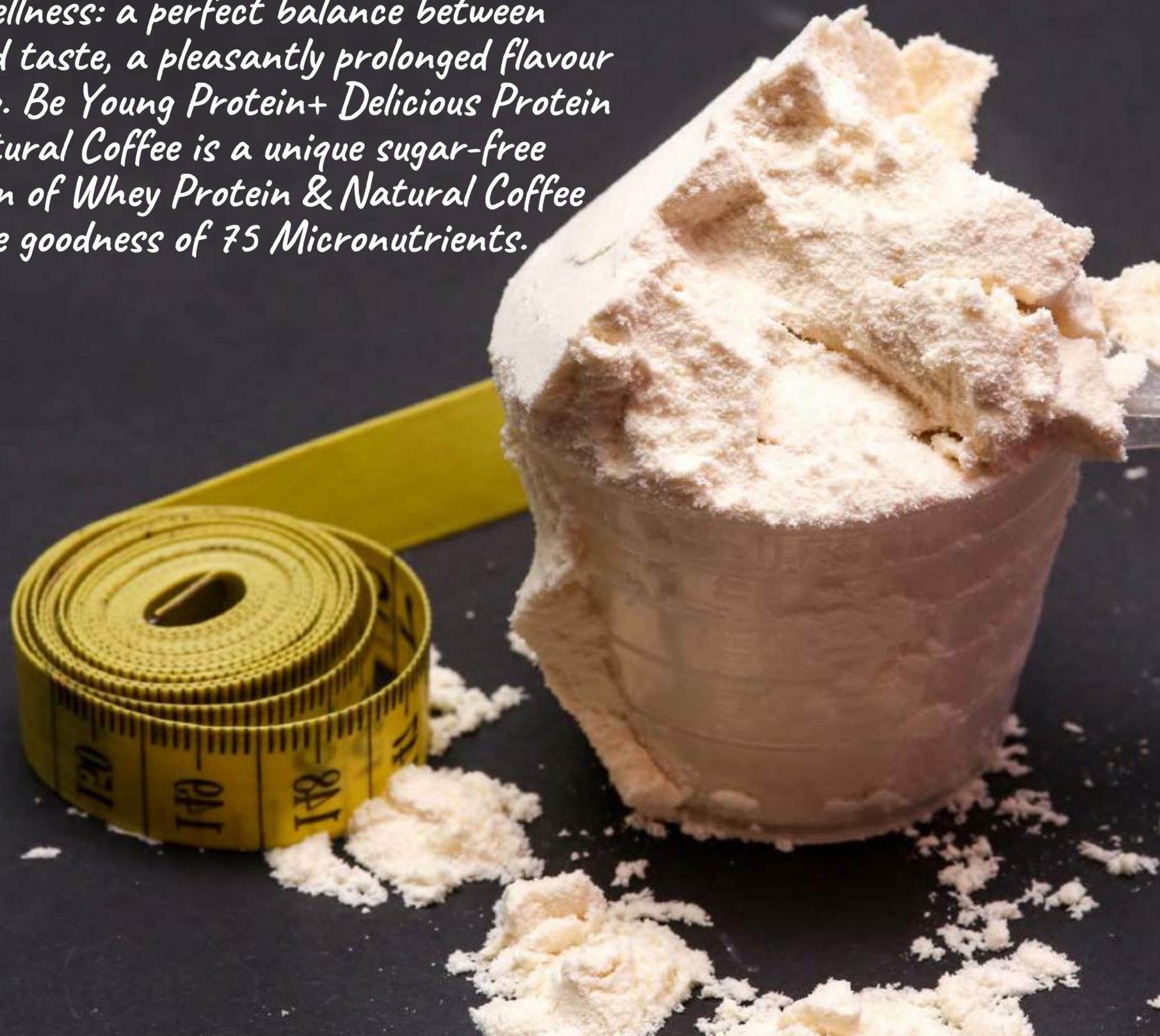




Zorovit-M™ Food Pills provides a core source of the entire major vitamins and minerals; it also provides zinc, magnesium, biotin, brahmi, ashwagandha relevant for men's health



A unique blend formulated from the union of Protein, Coffee and Nutrients selected directly from the best harvests. A symphony that gives a unique wellness: a perfect balance between nutrition and taste, a pleasantly prolonged flavour after tasting. Be Young Protein+ Delicious Protein with Natural Coffee is a unique sugar-free combination of Whey Protein & Natural Coffee with the goodness of 75 Micronutrients.



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IMMUNE YOURSELF

NUTRIENT PILLS FOR ALL IMMUNITY & WELLNESS SEEKERS

