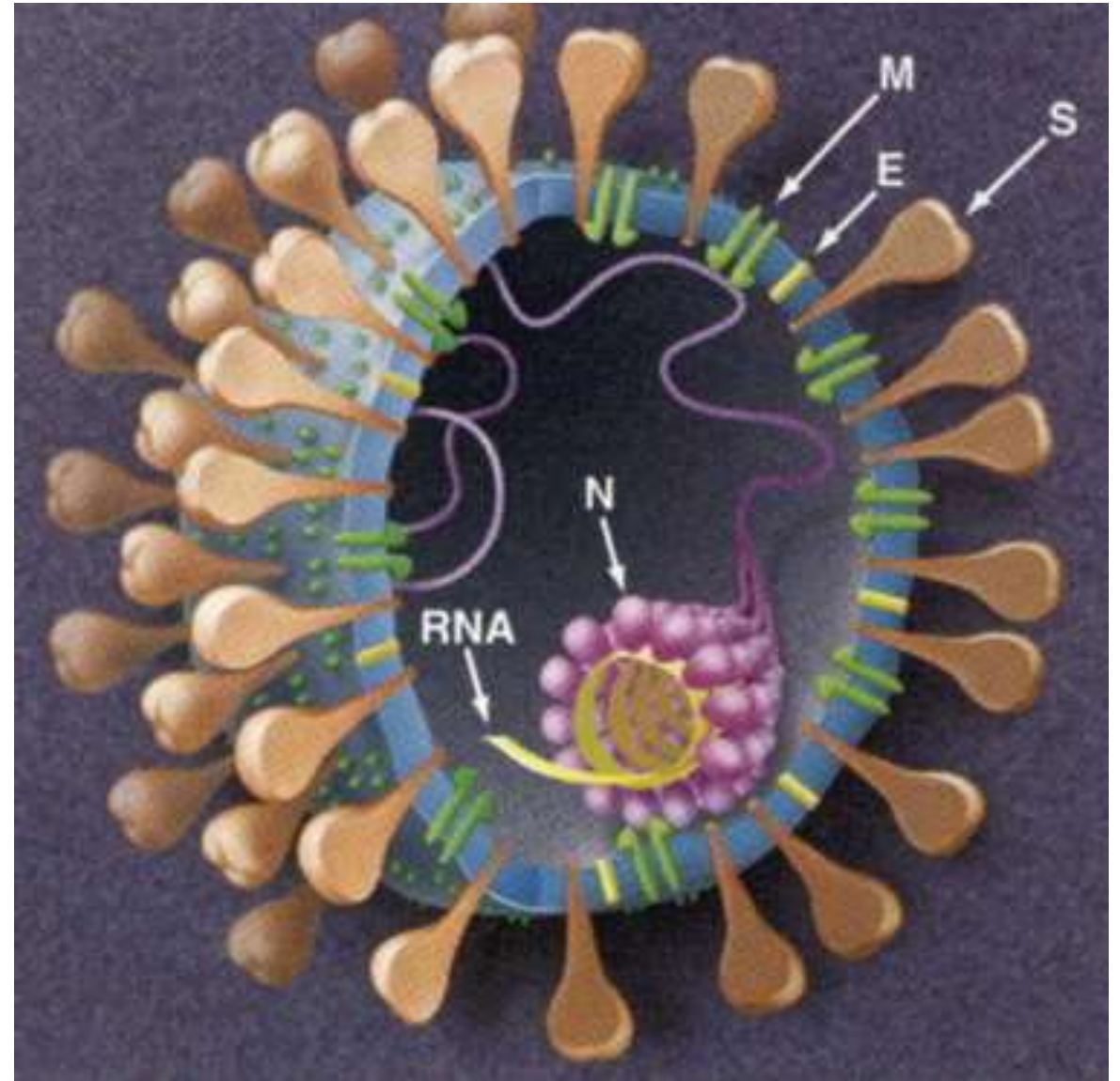


TODAY & ALWAYS

STAY SAFE



STAY SAFE BEAT THE FEAR WITH BETTER IMMUNITY

- **Nutridecc® Oxyflax™ ISB Food Pills is an IMMUNE SYSTEM BOOSTER**
- **Nutridecc® Oxyflax™ ISB Food Pills contains effective immunity boosters that help fight against bacteria and viruses that reduce the RBC or haemoglobin. Containing Colostrum which is the nourishing fluid produced by mammals as food for the new born in the few days after birth, before milk production begins. This food pill offers a variety of active ingredients and nutrients, for a healthy immune system and vitality.**



STAY SAFE BEAT THE FEAR OF WITH BETTER IMMUNITY

- **NutriDecc® Oxyflax™ ISB Food Pills is an IMMUNE SYSTEM BOOSTER**
- हमारे शरीर में वाइरस बैक्टीरीअ से लड़ने की ताकत होती है - इस ताकत को "इम्युनिटी" कहा जाता है। यह इम्युनिटी हमें माँ के दूध से मिलती है। माँ के दूध में कलास्ट्रम होता है। ये रोगप्रतिकारकों से भरपूर है। इसमें प्रोटीन की मात्रा भी अधिक होती है जो की रोग प्रतिरक्षण शक्ति विकसित करने में महत्वपूर्ण भूमिका निभाती है। कलास्ट्रम को खीस के नाम से भी जाना जाता है। नये पैदा हुए बछड़े की माँ का पहला दूध, जिसे खीस कहते हैं वह भी रोगप्रतिकारकों से भरपूर है। Oxyflax ISB (इम्यून सिस्टम बूस्टर) में खीस और ओमेगा ३ है जो इम्युनिटी बढ़ाता है और रोगप्रतिकारकों से भरपूर है। स्वस्त और डिजीज़ / रोग रहित रहने के लिए इम्युनिटी -रोग प्रतिरक्षण शक्ति विकसित करना ज़रूरी है। ओक्ष्यफलक्ष आई.एस.बी. की रोग प्रतिरक्षण शक्ति विकसित करने में महत्वपूर्ण भूमिका है। जब वाइरस या बैक्टीरीअ या अन्य कोई कीट आप के शरीर पे आक्रमण करता है तब आप की इम्युनिटी / रोग प्रतिरक्षण शक्ति आप की रक्षा करती है और आप को बीमारी से बचती है। जब आप की इम्युनिटी / रोग प्रतिरक्षण शक्ति विकसित है तो सर्दी जुकाम खाँसी फ्लू वाइरल इनफ्लुएंज़ा डेंगू पेट की बीमारियाँ कम होती है।





- Observe good personal hygiene
- Practice frequent hand washing with soap
- Follow basic respiratory etiquette - cover your mouth while sneezing and coughing
- Wash your hands with soap and running water (when hands are visibly dirty)
- Clean your hands with alcohol-based hand rub or soap and water (when your hands are not visibly dirty)
- Throw used tissues into closed bins immediately after use
- See a doctor if you feel unwell



- Have a close contact with anyone, if you're experiencing cough and fever
- Spit in public
- Contact with live animals or consumption of raw/undercooked meat
- Travel to farms, live animal markets or where animals are slaughtered



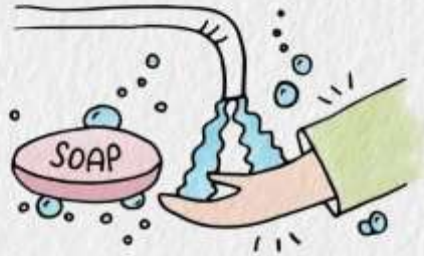
STAY SAFE

STAY SAFE BEAT THE FEAR OF WITH BETTER HYGIENE

- **BE YOUNG Rvolution HAND SANITIZER AND CLEANSER helps improve hygiene**
- **Kills 99.9% germs prevents spread of disease and ensures total hygiene.**
- **Wash hands and face regularly -3-4 times daily**



Wash your hands
more frequently



Not just wash but **wash your hands** thoroughly with an alcohol-based hand rub or wash them with soap and water. It kills the viruses that may be on your hands.



STAY SAFE

STAY SAFE BEAT THE FEAR WITH BETTER PROTECTION

BE YOUNG™ - FightInfection Food Pills contains active ingredients “Moringa oleifera” leaves and seeds, tested in research laboratories and proven effectiveness against infections. World Health Organization has recommended the use of Moringa oleifera leaf powder to malnourished children and women for increased immunity and nutrition.

Scientifically tested formula, containing proven ingredients, which can provide immune support and fight infection to help keep you healthy all year round. Curcumin and Piperine is the powerhouse of anti-infective properties and reverse cognitive decline in Alzheimer’s disease, protects against stress and depression.



STAY SAFE BEAT THE FEAR WITH BETTER PROTECTION

<https://www.ncbi.nlm.nih.gov/pubmed/2159562>

This link tells that PH of 8+ and Temperature of 37 Degree C can make VIRUS INEFFECTIVE

So Stay ALAKALINE follow alkaline diet

Alkalinity means that something has a pH higher than 7. The human **body** is naturally slightly **alkaline**, with a blood pH of around 7.4. The stomach is acidic, which allows it to digest food. The pH of saliva and urine changes depending on diet, metabolism, and other factors

An **alkaline** diet is rich in vegetables and fruit, herbs, soybeans and tofu – more plants, less animal products. Over-eat sugar, alcohol, grains, meat, chicken or dairy and you're into higher acid territory.

Lemons Have an **Alkaline** Effect on the Body

Although **lemon juice** is acidic, when it is processed by the body the result is an **alkaline** effect. Adding **lemon juice** to your **water** can be a great way to increase its pH to alkalinity.



Supports Alkalinity